

Learning how to get along with peers and follow rules is hard work.

You help them practice what to say and what to do, how to show compassion in those important moments.

Things to Try

Practice turn-taking games like rolling a ball back and forth, “red light green light” or Simon Says. Give praise when they share but this is new so give them time.

Draw or cut out faces that show different feelings and name them. Encourage them to use the faces to show how they are feeling. Play a, “what am I feeling?” game together.

Playing together with puzzles, blocks, measuring cups or things that fit inside something else are great for boosting problem solving skills, and keeping focused.

**30
months**



What to Expect

Toddlers have strong feelings and become easily frustrated. No! becomes a favorite word.

They are beginning to understand others’ feelings and are learning to identify when another child is angry or happy.

Routines are especially helpful to make them feel secure at a time when they can feel very out of control.