

Your Toddler is gaining a stronger sense of self.
They are starting to experience difficult emotions like embarrassment and shame. You help them by being patient, giving words for feelings and showing them how to share.

Things to Try

Try to follow your child's lead, playing with things they choose and trying their ideas.

Encourage your child in pretend play. Put a few chairs or pillows in a row for a pretend bus ride. Who will be the driver? Ask, "where will we go, what will we see?"



Everything is new to your toddler. Take time on walks inside or outside to talk about things you see and feel together.

Let your child know what will be happening next in a routine. Say, "After we brush your hair, we get dressed," or make it a game, "After we brush your hair, what do we do next?"

**24
months**

What to Expect

Your toddler wants to do everything on their own even if they can't.

They are learning about routines but often do not remember rules.

Trying new things and exploring are fun. But they want to know you are nearby to keep them safe.