Psychology Major Checklist (Updated 7/15/2026)

- **Requirements: 56 total psychology credit hours.** Includes minimum 44 upper-division psychology credit hours (minimum 16 at UO).
- Introductory and methods courses are prerequisites for core courses at the upper level; *see course schedule for specifics.*
- **All courses, except electives, must be taken graded and passed with a C- or higher.** Electives may be taken P/N and students must receive a P.
- **PSY 401-410 courses (except for specific 410 content courses*) count toward elective credits only.**
- **No more than 4 credits total of PSY401 or PSY406.**
- **Minimum GPA of 2.0 in psychology coursework required.**

Introductory/Prerequisite Courses - 8 credits: (Each class equals 4 credits, taken graded, C- or higher)
PSY 201z (>3)_____ **AND** PSY 202z (>2)_____ (*prerequisites for PSY 302-309*)

Other Prerequisite Courses (must be taken graded and passed with a C- or higher)
WR 121z _____ (*prerequisite for PSY 302*) **AND** WR 122z _____ or WR 123 (recommended)_____
(*PSY 303 requires either WR122z or WR 123 as a prerequisite; HC writing courses can substitute for WR course*)

STAT 243z _____ (*recommended, but will accept Math 246, 251 or higher; prerequisite for PSY 302*)

300-level Core Courses – 12 credits: Choose at least 3, one of which much be PSY 304 OR PSY 305.
(**Each class equals 4 credits, taken graded, C- or higher.** PSY 201z is a prereq for PSY 304 and 305;
PSY 202z is a prereq for PSY 306-309, PSY 301 recommended; *See class schedule for specifics*)

PSY 304 _____ PSY 305 _____ PSY 306 (>US) _____ PSY 307 _____ PSY 308 _____ PSY 309 _____

Methods/Foundations Courses – 12 credits:
(Each class equals 4 credits, taken graded in sequence, C- or higher required)
PSY 301 (>3) _____ (*prerequisite for PSY 302 and 303*)

PSY 302 _____ (*prerequisites: PSY 201z, 202z, 301, STAT 243z, and WR121*)
Maximum of two attempts in this course. Math 425, 461, 462 may be substituted for PSY 302.

PSY 303 _____ (*pre-reqs are PSY 301, 302, and WR 122z or 123*)
PSY 303 is a prerequisite for 400-level specialty courses in psychology.

400-level Specialty Courses – 12 credits: Choose at least 3
(Each class equals 4 credits, taken graded, C- or higher)
PSY 303 is a prerequisite for all 400-level specialty psychology classes.
(Courses may have additional prerequisites; *see class schedule for specifics*)

*PSY 410 Affective NeuroPsy _____ *PSY 410 Community Psy _____ *PSY 410 Moral Psy _____

*PSY 410 Biosensing Emot & Cog _____ *PSY 410 Health Psychology _____

PSY 420 _____ PSY 422 _____ PSY 433 _____ PSY 439 _____ PSY 436 _____ PSY 438 _____ PSY 440 _____

PSY 445 _____ PSY 449 _____ PSY 450 _____ PSY 457 _____ PSY 458 _____ PSY 459 _____ PSY 460 _____

PSY 462 _____ PSY 468 _____ PSY 472 _____ PSY 473 _____ PSY 475 _____ PSY 476 _____ PSY 478 _____

PSY 479 _____ PSY 480 _____

Electives – 12 credits minimum:
Up to 4 credits can be lower-division courses. Up to 4 credits in PSY401 research or PSY406 Practicum.
Minimum 8 credits must be from 300-400 level coursework**.
Elective courses can be taken graded (C– or higher) or P/N and must be passed.

_____ cr: _____ _____ cr: _____ _____ cr: _____ _____ cr: _____ _____ cr: _____

**Note:* PSY 410 content courses count toward 400-level requirements. All other PSY 410 courses count as elective credits only.*
** Only 4 credits of PSY 401 and/or PSY 406 will count toward the major elective credits requirements. Additional experiential learning credits count for university upper division credits.*

Psychology Course Offerings

Satisfying Core Ed Social Science Credit (>2)
PSY 202 Mind and Society
PSY 366 Culture & Mental Health
PSY 380 Psychology of Gender

Satisfying Core Ed Science Credit (>3)
PSY 201 Mind and Brain
PSY 301 Scientific Thinking
PSY 348 Music and the Brain

Satisfying Cultural Literacy Credit (>US)
PSY 306 Social Psychology
PSY 366 Culture & Mental Health
PSY 380 Psychology of Gender

Methods Courses

PSY 301 - Scientific Thinking
PSY 302 - Statistical Methods in Psychology
PSY 303 - Research Methods in Psychology

300 Level Core Courses

PSY 304 Biopsychology
PSY 305 Cognition
PSY 306 Social Psychology
PSY 307 Personality
PSY 308 Dev. Psychology
PSY 309 Psychopathology

400 Level Courses

Social Area
PSY 420 Psychology and Law
PSY 457 Group Dynamics
PSY 458 Decision Making
PSY 459 Cultural Psychology
PSY 460 Stereotype & Prejudice
PSY 462 Environmental Psychology

Cognitive/Experimental Area
PSY 433 Learning and Memory
PSY 438 Perception

Personality/Psychopathology Area
PSY 422 Forensic Psychology
PSY 468 Motivation & Emotion
PSY 472 Psychology of Trauma
PSY 473 Intimate Relationships
PSY 480 Development & Psychopathology

Biological/Physiological Area
PSY 439 Psychology & Evolution
PSY 445 Brain Mechanisms of Behavior
PSY 449 Cognitive Neuroscience
PSY 450 Hormones & Behavior

Developmental Area
PSY 475 Cognitive Development
PSY 478 Social Development
PSY 479 Infancy
PSY 480 Development & Psychopathology

Electives

All 300 and 400 level core courses in excess of core requirements count as electives. Different courses will be offered each term.

PSY 348 Music and the Brain >3
PSY 366 Culture and Mental Health >2 >US
PSY 380 Psychology of Gender >2 >US
PSY 383 Psychoactive Drugs
PSY 399 Special Topics (Topics/Credits Vary)
PSY 410 Peer Advising / Peer Lab Leader

PSY 401 Research**
PSY 403 Thesis (Honors students only)
PSY 405 Reading
PSY 406 Practicum**
PSY 407 Seminar (Topics / Credits Vary)
PSY 408 Lab projects

These courses are only available to Psychology Honors Program participants and count as Electives:
PSY 412 Applied Data Analysis (Fall only)
PSY 490-492 Honors in Psychology (Fall/Winter/Spring)

*****PSY 401 and PSY 406 are limited to 4 credits total as elective credits for major requirements.***
Please check prerequisites in the course description for readiness!