

Counseling, Family, and Human Services (MEd)

The MEd program is not currently accepting new applicants into the program; however, this degree program may be an option for UO students already enrolled in a masters or doctoral program within the College of Education (e.g., the Counseling Psychology doctoral program or the Couples and Family Therapy MS program), should their career path change.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- **Professionalism and Ethical Conduct:** Students will develop an understanding of professional conduct and ethical standards and will demonstrate an ability to effectively apply their knowledge.
- **Scientific Inquiry and Critical Evaluation:** Students will develop an ability to critically evaluate the research literature and demonstrate an understanding of the relationship between research results and clinical decision-making.
- **Theoretical Foundations:** Students will gain an understanding of the core theoretical assertions of human services.

Objectives:

Professionalism and Ethical Conduct: Students will develop an understanding of professional conduct and ethical standards and will demonstrate an ability to effectively apply their knowledge in clinical practice.

Objectives:

- Students will gain knowledge of counseling legal, ethical and professional standards and will demonstrate an ability to apply decision-making protocols and strategies in clinical and research contexts.
- Students will investigate and clarify their beliefs and values regarding clinical practice and ethical decision making.
- Students will collaborate effectively with a variety of professionals, including for instance physicians, psychologists, social workers, family law specialists, teachers, school counselors, members of the legal system and clergy.

Scientific Inquiry and Critical Evaluation: Students will develop an ability to critically evaluate the research literature and demonstrate an understanding of the relationship between research results and clinical decision-making.

Objectives:

- Students will develop an understanding of core principles of quantitative and qualitative research methodology and will demonstrate an ability to critically evaluate the merits of a given study.
- Students will demonstrate an understanding of ethical issues associated with research, with particular emphasis on research with human subjects and social justice.
- Students will be able to describe their procedures for incorporating empirically supported and evidence-based literature in practice and

will demonstrate an ability to critically evaluate this literature from a systemic framework.

Theoretical Foundations: Students will gain an understanding of the core theoretical assertions of counseling and will critically assess their own systems-oriented theory of change.

Objectives:

- Students will develop an understanding of systemic epistemologies and core systemic constructs.
- Students will demonstrate an ability to apply systemic constructs across settings with a range of populations, with particular emphasis on clinical assessment, diagnosis, intervention, and evaluation of practice.
- Students will understand the distinction between eclecticism and theoretical integration and will demonstrate an ability to create a coherent theory of change that integrates systems theory, communications theory, and the evidence-based, common factors and trans-theoretical literatures.

Social Context: Students will develop attitudes that value human diversity, will practice sensitive analysis and critical self-awareness when working with a range of populations, and will demonstrate respect for all persons and competence in all professional activities.

Objectives:

- Students will adopt a practice framework that incorporates critical consciousness, self-awareness, and knowledge of the relationship between diverse life experiences, human development, and the role of diversity of thought and perspectives in resolving conflict.
- Students will demonstrate an ability to critically evaluate the role of social context in understanding and resolving human conflict, including issues such as social class, power, privilege, oppression, sexism, and injustice.
- Students will thoughtfully incorporate their knowledge of social context and personal characteristics when conducting a clinical assessment, constructing interventions, and evaluating practice.

Counseling, Family, and Human Services Major Requirements

Code	Title	Credits
Counseling Competencies (27 credits)		
CFT 620	Mental Health and Diagnosis	3
EDUC 611	Survey of Educational Research Methods	3
or EDUC 612	Social Science and Education Research Design	
CPSY 611	Counseling Skills	3
CPSY 614	Theories of Counseling	3
CPSY 615	Counseling Diverse Populations	3
CPSY 618	Group Dynamics and Counseling	3
or SPSY 672	Intellectual Assessment	
or CPSY 622	Psychological Assessment II	
CPSY 613	Introduction to Counseling Psychology	3
or CFT 616	Systems Theory Foundations	
CPSY 612	Professional Ethics	3
CFT 640	Beginning Practicum	3
Electives ¹		18
CFT 610	Experimental Course: [Topic]	

CFT 612	Parenting Interventions	
CFT 615	Introduction to Couples and Family Therapy	
CFT 626	Relational Sex Therapy	
CFT 628	Substance Use and Recovery	
CFT 629	Intimate Partner Therapy	
CPSY 601	Research: [Topic]	
CPSY 621	Lifespan Developmental Psychology	
CPSY 626	Psychological Services for Latinos	
CPSY 635	Social Aspects of Behavior	
SPSY 651	Cognitive-Affective Aspects of Behavior	
SPSY 652	Biological Aspects of Behavior	
EDUC 641	Applied Statistics in Education and Human Services I	
EDUC 643	Applied Statistics in Education and Human Service II	
EDUC 645	Applied Statistics in Education and Human Services III	
Total Credits		45

¹ Partial list of elective options - please contact the department for a complete list.