

# Physical Education: Leadership (PEL)

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## Courses

**PEL 199. Special Studies: [Topic]. 1-5 Credits.**

Experimental course - topic varies.

**Repeatable 99 times**

**Additional Information:**

General Limitation applies: Activity Course

**PEL 310. Coaching. 2 Credits.**

Addresses all aspects of coaching from kindergarten through college.

Topics include philosophy, objectives and outcomes, communication styles, writing workouts, discipline, and age-appropriate skills, drills and strategies. Sequence with PEL 406 is possible with successful completion of the course.

**PEL 311. Coaching II. 2 Credits.**

Practical application of knowledge and skills from PEL 310 Coaching I, by implementing strategies and techniques in teaching or coaching situation. Students will write a practice plan and teach a technical and tactical skill to the class. Sequence with PEL 310.

**Requisites:** Prereq: PEL 310 or equivalent experience.

**PEL 399. Special Studies: [Topic]. 1-5 Credits.**

Experimental course - topic varies.

**Repeatable 99 times**

**Additional Information:**

General Limitation applies: Activity Course

**PEL 406. Practicum: [Topic]. 1-4 Credits.**

Practical experiences in equipment and facilities management service, outdoor pursuits, recreation and intramurals, and physical education.

**Repeatable 5 times for a maximum of 6 credits**

**Additional Information:**

General Limitation applies: Activity Course

**PEL 408. Workshop: [Topic]. 1-5 Credits.**

Professional topics in physical education.

**Repeatable 99 times**

**Additional Information:**

General Limitation applies: Activity Course

**PEL 409. Terminal Project. 1-12 Credits.**

A presentation incorporating the knowledge and skills acquired from course work completed for a degree.

**Repeatable 99 times**

**Additional Information:**

General Limitation applies: Activity Course