# Child Behavioral Health (BA/BS)

The child behavioral health major provides students with knowledge and skills to improve the behavioral health and wellness of youth. Students will learn how to equitably deliver evidence-based interventions to promote wellness and prevent mental health problems from developing or worsening in children and adolescents. Training elements typically present in graduate degree programs have been brought into this innovative undergraduate major. Students will receive training in applied skills such as relaxation, problem-solving, and flexible thinking; gain 700 hours of applied practice in community settings supervised by clinical faculty; and learn how to effectively work as part of a behavioral health team.

The major is designed as a 2 + 2 program with the first two years focused on the completion of UO's bachelor degree requirements which includes core education courses. The latter two years involve specialized coursework and applied practical experiences completed at the Ballmer Institute at the University of Oregon Portland.

Students interested in the Child Behavioral Health major should declare the pre-major in Child Behavioral Health.

To progress to the Child Behavioral Health major offered at UO Portland, students must apply. Each November, the admission application opens for the next cohort. Students who meet the priority deadline receive full consideration. Applications received after the priority deadline are accepted based on program capacity. More information about the admission process can be found here: https://childrensbehavioralhealth.uoregon.edu/undergraduate-admissions (https://childrensbehavioralhealth.uoregon.edu/undergraduate-admissions/).

## Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Demonstrate knowledge of evidence-based approaches to early identification of behavioral health concerns and exhibit competence in administration, scoring, and interpretation of behavioral health screening tools.
- Demonstrate knowledge of evidence based behavioral health promotion supports and exhibit competence in delivering these supports to youth and families#.
- Demonstrate knowledge of evidence-based behavioral health prevention strategies and interventions and exhibit competence in delivering these interventions to youth and families.
- Demonstrate ability to evaluate behavioral health risk, identify youth and families who require referral, and engage in appropriate referral practices#.
- Demonstrate knowledge of behavioral health disparities and exhibit cultural responsiveness and inclusive practices in delivering early identification, promotion, prevention, and intervention practices to youth and families from diverse backgrounds, particularly those from historically underserved communities.
- Demonstrate professionalism across service settings, including understanding of professional ethics and ability to appropriately consult with other professionals.

## Child Behavioral Health Major Requirements

Courses used to fulfill the pre-major requirements must be taken for a letter grade and passed with a grade of C- or better. Coursework transferred in from Advanced Placement or International Baccalaureate exams are acceptable with a mark of P*.

Courses used to fulfill the major requirements must be passed with a letter grade of mid-C or a P* where pass/no pass is the only grading option for the course.

## Child Behavioral Health Major Requirements

| Code | Title | Credits |
|---|---|---|
| **Pre-Major Courses** | | |
| Psychology/Human Services: Choose One | | |
| PSY 202Z | Introduction to Psychology II | 4 |
| or FHS 215 | Exploring Family and Human Services | |
| or FHS 213 | Issues for Children and Families | |
| or PPPM 202 | Healthy Communities | |
| Human Development: Choose One | | |
| PSY 308 | Developmental Psychology | 4 |
| or FHS 228 | Human Development in the Family Context | |
| **Foundational Skills and Professional Practice** | | |
| BEHT 320 | Youth Risk and Resilience | 3 |
| BEHT 340 | Clinical Decision in Child Behavioral Health | 4 |
| BEHT 411 | Foundational Skills for Behavioral Health | 4 |
| BEHT 412 | Ethics and Professional Practice for CBHS | 4 |
| BEHT 413 | Youth Screening and Risk Assessment | 4 |
| **Applied Practice Series: Behavioral Health Promotion** | | |
| BEHT 421 | Behavioral Health Promotion I | 4 |
| BEHT 422 | Behavioral Health Promotion II | 4 |
| BEHT 423 | Behavioral Health Promotion III | 4 |
| **Applied Practice Series: Prevention and Intervention** | | |
| BEHT 471 | Child Behavioral Health Prevention and Intervention I | 4 |
| BEHT 472 | Child Behavioral Health Prevention and Intervention II | 4 |
| BEHT 475 | Child Behavioral Health Prevention and Intervention III | 4 |
| BEHT 473 | Parenting Interventions | 4 |
| **Culturally Responsive & Inclusive Practices** | | |
| BEHT 350 | Foundations of Culturally Responsive Practice | 4 |
| BEHT 324 | Trauma Informed Supports | 4 |
| Culturally Responsive & Inclusive Practices (Electives) | | 8 |
| **Supervised Practicum Experiences** | | |
| BEHT 406 | Practicum: [Topic] (Supervised Practicum) | 6 |
| BEHT 406 | Practicum: [Topic] (Integrated Practice) | 21 |
| **Total Credits** | | **98** |

## Four-Year Degree Plan

*The degree plan shown is only a sample of how students may complete their degrees in four years. There are alternative ways. Students should consult their advisor to determine the best path for them.*

- Bachelor of Arts in Child Behavioral Health (p. 2)
- Bachelor of Science in Child Behavioral Health (p. 2)


## Bachelor of Arts in Child Behavioral Health

| Course | Title | Credits Milestones |
|---|---|---|
| **First Year** | | |
| **Fall** | | |
| First term of 1st-year second-language sequence | | 5 |
| Cultural literacy course in global perspective | | 4 |
| PSY 202Z | Introduction to Psychology II | 4 |
| Elective Course | | 1 |
| | **Credits** | **14** |
| **Winter** | | |
| Second term of 1st-year second-language sequence | | 5 |
| WR 121Z | Composition I | 4 |
| Core-education course in science | | 4 |
| Core-education course in social science | | 4 |
| | **Credits** | **17** |
| **Spring** | | |
| Third term of 1st-year second-language sequence | | 5 |
| WR 122Z | Composition II | 4 |
| PSY 308 | Developmental Psychology | 4 |
| Elective Course | | 1 |
| | **Credits** | **14** |
| **Second Year** | | |
| **Fall** | | |
| First term of 2nd-year second-language sequence | | 4 |
| Core-education course in arts and letters | | 4 |
| Core-education course in arts and letters | | 4 |
| Core-education in science | | 4 |
| | **Credits** | **16** |
| **Winter** | | |
| Second term of 2nd-year second-language sequence | | 4 |
| Core-education course in arts and letters | | 4 |
| Core-education course in social science | | 4 |
| Core-education course in science | | 4 |
| | **Credits** | **16** |
| **Spring** | | |
| Third term of 2nd-year second-language sequence | | 4 |
| Core-education course in arts and letters | | 4 |
| Core-education course in science | | 4 |
| Core-education course in social science | | 4 |
| | **Credits** | **16** |
| **Third Year** | | |
| **Fall** | | |
| BEHT 350 | Foundations of Culturally Responsive Practice | 4 |
| BEHT 411 | Foundational Skills for Behavioral Health | 4 |
| BEHT 412 | Ethics and Professional Practice for CBHS | 4 |
| BEHT 421 | Behavioral Health Promotion I | 4 |
| | **Credits** | **16** |
| **Winter** | | |
| BEHT 320 | Youth Risk and Resilience | 3 |
| BEHT 422 | Behavioral Health Promotion II (Behavioral Health Promotion II) | 4 |
| BEHT 406 | Practicum: [Topic] (Supervised Practicum I) | 3 |
| BEHT 471 | Child Behavioral Health Prevention and Intervention I | 4 |
| | **Credits** | **14** |
| **Spring** | | |
| BEHT 324 | Trauma Informed Supports | 4 |
| BEHT 423 | Behavioral Health Promotion III | 4 |
| BEHT 472 | Child Behavioral Health Prevention and Intervention II | 4 |
| BEHT 406 | Practicum: [Topic] (Supervised Practicum II) | 3 |
| | **Credits** | **15** |
| **Fourth Year** | | |
| **Fall** | | |
| BEHT 413 | Youth Screening and Risk Assessment | 4 |
| BEHT 473 | Parenting Interventions | 4 |
| BEHT 406 | Practicum: [Topic] (Integrated Practice I) | 7 |
| | **Credits** | **15** |
| **Winter** | | |
| BEHT 475 | Child Behavioral Health Prevention and Intervention III (Child Behavioral Health Prevention and Intervention III) | 4 |
| BEHT Culturally-responsive and inclusive practice elective | | 4 |
| BEHT 406 | Practicum: [Topic] (Integrated Practice II) | 7 |
| | **Credits** | **15** |
| **Spring** | | |
| BEHT 340 | Clinical Decision in Child Behavioral Health | 4 |
| BEHT Culturally-responsive and inclusive practice elective | | 4 |
| BEHT 406 | Practicum: [Topic] (Integrated Practice III) | 7 |
| | **Credits** | **15** |
| | **Total Credits** | **183** |

## Bachelor of Science in Child Behavioral Health

| Course | Title | Credits Milestones |
|---|---|---|
| **First Year** | | |
| **Fall** | | |
| Mathematics or computer science course | | 4 |
| Cultural literacy course in global perspective | | 4 |
| PSY 202Z | Introduction to Psychology II | 4 |
| Elective Course | | 3 |

| | | |
|---|---|---|
| | **Credits** | **15** |
| **Winter** | | |
| WR 121Z | Composition I | 4 |
| Core-education course in arts and letters | | 4 |
| Core-education course in science | | 4 |
| Core-education in social science | | 4 |
| | **Credits** | **16** |
| **Spring** | | |
| WR 122Z | Composition II | 4 |
| PSY 308 | Developmental Psychology | 4 |
| Mathematics or computer science course | | 4 |
| Elective Courses | | 2 |
| | **Credits** | **14** |
| **Second Year** | | |
| **Fall** | | |
| Mathematics or computer science course | | 4 |
| Core-education course in science | | 4 |
| Core-education course in arts and letters | | 4 |
| Elective course | | 3 |
| | **Credits** | **15** |
| **Winter** | | |
| Core-education course in arts and letters | | 4 |
| Core-education course in science | | 4 |
| Core-education course in social science | | 4 |
| Elective course | | 3 |
| | **Credits** | **15** |
| **Spring** | | |
| Core-education course in social science | | 4 |
| Core-education course in science | | 4 |
| Core-education course in arts and letters | | 4 |
| Elective course | | 3 |
| | **Credits** | **15** |
| **Third Year** | | |
| **Fall** | | |
| BEHT 350 | Foundations of Culturally Responsive Practice | 4 |
| BEHT 411 | Foundational Skills for Behavioral Health | 4 |
| BEHT 412 | Ethics and Professional Practice for CBHS | 4 |
| BEHT 421 | Behavioral Health Promotion I | 4 |
| | **Credits** | **16** |
| **Winter** | | |
| BEHT 320 | Youth Risk and Resilience | 3 |
| BEHT 422 | Behavioral Health Promotion II (Behavioral Health Promotion II) | 4 |
| BEHT 471 | Child Behavioral Health Prevention and Intervention I | 4 |
| BEHT 406 | Practicum: [Topic] (Supervised Practicum I) | 3 |
| | **Credits** | **14** |
| **Spring** | | |
| BEHT 324 | Trauma Informed Supports | 4 |
| BEHT 423 | Behavioral Health Promotion III | 4 |
| BEHT 472 | Child Behavioral Health Prevention and Intervention II | 4 |
| BEHT 406 | Practicum: [Topic] (Supervised Practicum II) | 3 |
| | **Credits** | **15** |
| **Fourth Year** | | |
| **Fall** | | |
| BEHT 413 | Youth Screening and Risk Assessment | 4 |
| BEHT 473 | Parenting Interventions | 4 |
| BEHT 406 | Practicum: [Topic] (Integrated Practice I) | 7 |
| | **Credits** | **15** |
| **Winter** | | |
| BEHT 475 | Child Behavioral Health Prevention and Intervention III (Child Behavioral Health Prevention and Intervention III ) | 4 |
| BEHT Culturally-responsive and inclusive practice elective | | 4 |
| BEHT 406 | Practicum: [Topic] (Integrated Practice II) | 7 |
| | **Credits** | **15** |
| **Spring** | | |
| BEHT 340 | Clinical Decision in Child Behavioral Health | 4 |
| BEHT Culturally-responsive and inclusive practice elective | | 4 |
| BEHT 406 | Practicum: [Topic] (Integrated Practice III) | 7 |
| | **Credits** | **15** |
| | **Total Credits** | **180** |