Food Studies Minor

The minor in food studies gives students the opportunity to learn more about food and its central place in the human experience. Students take courses in a wide variety of disciplines, such as anthropology, history, environmental science, and human physiology. They also gain practical experience outside the classroom. Because food itself plays such a central role in the life and well-being of communities, the food studies minor promotes students' civic engagement.

Program's Admission Requirements

Please visit the program's website (https://foodstudies.uoregon.edu/people/undergraduate-minor-in-food-studies/).

Minor in Food Studies

Code	Title	Credits
Foundational Courses		
ENVS 225	Introduction to Food Studies	4
ANTH 220	Introduction to Nutritional Anthropology	4
or ANTH 248		
or HPHY 105	Principles of Nutrition	
HIST 215	Food in World History	4
or HUM 245		
or PHIL 220	Food Ethics	
Elective Courses		**8**
ANTH 110	Introduction to Traditional Ecological Knowledge	
ANTH 248		
ANTH 329	Immigration and Farmworkers	
ANTH 330	Hunters and Gatherers	
ANTH 341	Food Origins	
ANTH 365	Food and Culture	
ASIA 425	Asian Foodways	
EDST 450	Food and Schools	
ENVS 467	Sustainable Agriculture	
FLR 415	Folklore and Foodways	
GEOG 468	Contemporary Food Systems	
GLBL 425	Global Food Security	
ITAL 306	La cultura culinaria	
LA 390	Urban Farm	
LA 429	Civic Agriculture	
RL 151	Mediterranean Foodways	
SOC 304	Community, Environment, and Society	
SOC 416	Issues in Environmental Sociology: [Topic]	
Capstone Seminar		**4**
ASIA 425	Asian Foodways	
EDST 450	Food and Schools	
ENVS 467	Sustainable Agriculture	
FLR 415	Folklore and Foodways	
GEOG 468	Contemporary Food Systems	
GLBL 425	Global Food Security	
LA 390	Urban Farm	
LA 429	Civic Agriculture	
SOC 416	Issues in Environmental Sociology: [Topic]	
Total Credits		**24**

Additional Requirements

- The minor requires 24 graded credits (6 courses) from approved courses, at least twelve of which must be upper-division courses.
- Letter grades of C- or better must be earned in all courses applied to the minor.
- Students can count up to two upper-division courses from their major department.
- Students are required to take at least one 400-level course or capstone seminar.
- No more than three courses with the same subject heading will count for the minor (including ENVS).
- Food-related UO Study Abroad courses apply to the minor. Programs | Global Education Oregon (uoregon.edu) (https://geo.uoregon.edu/programs/)

Applicable courses are not limited to the ones shown here. Check the Food Studies website for a Tip Sheet each term: Undergraduate Minor in Food Studies | Food Studies Program (uoregon.edu) (https://foodstudies.uoregon.edu/people/undergraduate-minor-in-food-studies/)