Psychology (BA/BS)

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From cognitive and developmental psychology to practices in clinical psychology and psychopathology, the UO's Department of Psychology immerses you in the study of the human mind and behavior. All students collaborate on research as part of their academic sequence and many gain additional research experience in department labs. You will learn strong critical thinking skills and how to evaluate and convey evidence. Develop your skills in real-world settings with student-run peer programs, internships at local clinics, shelters, hospitals, and justice centers.

We are a community of scientists including faculty and postdoctoral scholars engaged in cutting-edge research. The psychology major will expose you to basic concepts, theories, findings, and ethical issues in multiple areas: social, personality and psychopathology, developmental, cognitive and experimental, and biological and physiological psychology.

Upon completing their training, UO psychology majors should have a broad knowledge of psychology, including basic statistical techniques and ethical issues, and be skilled at reading, evaluating, and communicating about the primary scientific literature in psychology.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Identify major theories, research findings, and methodological approaches in a variety of key content areas including, for example, cognition, neuroscience, development, social behavior, personality, and psychopathology and mental health; and apply research findings to human behavior in everyday life.
- Find relevant articles in the primary psychological literature on a given topic, identify key research questions and hypotheses in scientific articles, and critically evaluate the research design and the quality of evidence presented.
- Choose appropriate basic statistical analysis techniques for a specific research question and set of data, complete basic data analyses, and summarize the results in an APA-style report.
- Communicate clearly and effectively about psychological topics, including methodological and ethical issues in psychology, based on an understanding of both the strengths and limitations of empirical evidence.

To satisfy major requirements students take a total of 68 credits. Of those credits, 56 credits in psychology courses are required, 48 of which must be upper-division, and 16 of which must be taken in residence at the University of Oregon. Introduction to Psychology I (PSY 201Z) and Introduction to Psychology II (PSY 202Z) must be taken for letter grades and passed with grades of mid-C or better, although AP and IB coursework with appropriate grades is acceptable with a grade of P*, and elective upper-division psychology courses may be taken pass/no pass. A minimum grade point average of 2.00 in psychology coursework is required.

Psychology Major Requirements

Code	Title	Credits
Introductory Prerequisite Courses		**20**
WR 121Z	Composition I	
WR 122Z	Composition II (WR 123 recommended)	
or WR 123	College Composition III	
PSY 201Z	Introduction to Psychology I	
PSY 202Z	Introduction to Psychology II	
STAT 243Z	Elementary Statistics I [1]	
Methods Foundations Courses		**12**
PSY 301	Scientific Thinking in Psychology	
PSY 302	Statistical Methods in Psychology	
PSY 303	Research Methods in Psychology	
300-Level Core Courses		**12**
Select three of the following, one of which must be PSY 304 or PSY 305:		
PSY 304	Biopsychology	
PSY 305	Cognition	
PSY 306	Social Psychology [2]	
PSY 307	Personality	
PSY 308	Developmental Psychology [3]	
PSY 309	Psychopathology [4]	
400-Level Specialty Courses		**12**
Select three of the following:		
PSY 420	Psychology and Law	
PSY 422	Forensic Psychology	
PSY 433	Learning and Memory	
PSY 436	Human Performance	
PSY 438	Perception	
PSY 439	Psychology and Evolution	
PSY 445	Brain Mechanisms of Behavior	
PSY 449	Cognitive Neuroscience	
PSY 450	Hormones and Behavior	
PSY 457	Group Dynamics	
PSY 458	Decision-Making	
PSY 459	Cultural Psychology	
PSY 460	Stereotyping and Prejudice	
PSY 468	Motivation and Emotion	
PSY 472	Psychology of Trauma	
PSY 473	Intimate Relationships	
PSY 475	Cognitive Development	
PSY 478	Social Development	
PSY 479	Infancy	
PSY 480	Development and Psychopathology	
Upper-Division Elective Courses [5]		**12**
Select three upper division (300 or 400 level) psychology courses. Up to 4 credits can be in PSY 401 Research or PSY 406 Practicum.		
Total Credits		**68**

[1] STAT 243Z is recommended. MATH 241, MATH 246, or MATH 251Z may be substituted.

[2] or OXEU 388: PSY: Social Psychology

[3] or OXEU 388: PSY: Human Development
[4] or OXEU 388: PSY: Psychopathology
[5] Students must take 12 upper-division psychology elective credits, 8 of which must be actual content courses. A maximum of 4 credits in Research: [Topic] (PSY 401) or Practicum: [Topic] (PSY 406) may be applied to the upper-division credits. Practicum credits must be earned at a practicum site approved by the head undergraduate faculty advisor.

Honors Curriculum

Students with excellent records who plan to pursue a career in psychology may consider applying to the departmental honors program. The honors program centers on an independent research project, which the student develops and carries out under the supervision of a departmental committee. Information about admission criteria and how to apply is available online (https://naturalsciences.uoregon.edu/psychology/undergraduate-programs/honors-requirements/).

Four-Year Degree Plan

The degree plan shown is only a sample of how students may complete their degrees in four years. There are alternative ways. Students should consult psychology advisors to determine the best path for them.

Bachelor of Arts in Psychology

Course	Title	Credits	Milestones
First Year			
Fall			
First-Year Interest Group or elective course		4	
First-Year Interest Group or arts and letters area-satisfying curse		4	
PSY 202Z	Introduction to Psychology II	4	
First term of 1st-year second-language sequence		4	
Begin taking your second language in your first or second year			
	Credits	**16**	
Winter			
PSY 201Z	Introduction to Psychology I	4	
WR 121Z	Composition I	4	
Core-education course in arts and letters		4	
Second term of 1st-year second-language sequence		4	
Meet with a psychology advisor to discuss your academic goals			
	Credits	**16**	
Spring			
Core-education course in social science (or PSY 202Z/201Z)		4	
WR 123	College Composition III	4	
Core-education course in science		4	
Third term of 1st-year second-language sequence		4	
Complete both PSY 201Z and PSY 202Z in your first or second year			
Plan your summer experience with a psychology advisor			
	Credits	**16**	
Second Year			
Fall			
PSY 305 or choose from PSY 304-309		4	
Core-education course in social science		4	
Core-education course in arts and letters		4	
First term of 2nd-year second-language sequence		4	
Consider studying abroad			
	Credits	**16**	
Winter			
Choose from PSY 304-309		4	
Core-education course in social science		4	
Second term of 2nd-year second-language sequence		4	
Choose 300-level core courses in your area of interest		4	
Consider doing an internship for the major			
	Credits	**16**	
Spring			
PSY 301	Scientific Thinking in Psychology	4	
STAT 243Z	Elementary Statistics I	4	
Core-education course in social science		4	
Third term of 2nd-year second-language sequence		4	
Take PSY 301 and STAT 243Z in your second year			
	Credits	**16**	
Third Year			
Fall			
PSY 302	Statistical Methods in Psychology	4	
Choose from PSY 306-309		4	
PSY 401 or PSY 406	Research: [Topic] or Practicum: [Topic]	1-4	
Elective course or remaining area of inquiry course		4	
Consider psychology honors			
	Credits	**13-16**	
Winter			
PSY 303	Research Methods in Psychology	4	
Elective course or remaining area of inquiry course		4	
Choose from PSY 304-309		4	
PSY 401 or PSY 406	Research: [Topic] or Practicum: [Topic]	1-4	
Consider study abroad			
	Credits	**13-16**	
Spring			
PSY 400-level specialty course		4	
PSY 300-400 level elective		4	
Elective courses or remaining area of inquiry course		4-8	
Apply for psychology honors			
	Credits	**12-16**	
Fourth Year			
Fall			
PSY 400-level specialty course		4	
PSY 300-400 level elective		4	
Elective courses or remaining requirements		8	
Meet with an advisor early to make a graduation plan			

Apply to graduate schools or look for work after graduation		
	Credits	**16**
Winter		
PSY 400-level specialty course		4
PSY 300-400 level elective		4
Elective courses		8
	Credits	**16**
Spring		
Remaining PSY requirements		4-8
Remaining requirements for CoreEd/Cultural literacy		4-8
Elective courses or remaining degree requirements		4-8
Apply to graduate on DuckWeb the term you complete all requirements		
If you are considering graduate school, consider taking additional psychology courses/seminars		
	Credits	**12-24**
	Total Credits	**178-200**

Bachelor of Science in Psychology

Course	**Title**	**Credits Milestones**
First Year		
Fall		
First-Year Interest Group or elective course		4
First-Year Interest Group or arts and letters area-satisfying course		4
PSY 202Z	Introduction to Psychology II	4
Elective course		4
	Credits	**16**
Winter		
PSY 201Z	Introduction to Psychology I	4
WR 121Z	Composition I	4
Core-education course in arts and letters		4
Elective course		4
Meet with a psychology advisor to discuss your academic goals.		
	Credits	**16**
Spring		
Social science area-satisfying course (or PSY 202Z/ PSY 201Z)		4
WR 123	College Composition III	4
Core-education course in science		4
Elective course		4
Complete both PSY 201Z and PSY 202Z in your first or second year		
Plan your summer experience		
	Credits	**16**
Second Year		
Fall		
PSY 305 or choose from PSY 304-309		4
Mathematics course		4
Core-education course in arts and letters		4
Elective course		4
Consider studying abroad		
If you are considering graduate school, take 300-level CRE courses in your intended field of study		
	Credits	**16**
Winter		
Choose from PSY 306-309		4
Core-education course in arts and letters		4
Core-education course in social science		4
Mathematics course		4
Choose 300-level core course in your area of interest		
Consider doing an internship for the major		
	Credits	**16**
Spring		
PSY 301	Scientific Thinking in Psychology	4
STAT 243Z	Elementary Statistics I	4
Core-education course in science		4
Elective course		4
Take PSY 301 and STAT 243Z in your second year		
	Credits	**16**
Third Year		
Fall		
Choose from PSY 306-309		4
PSY 302	Statistical Methods in Psychology	4
PSY 401 or PSY 409	Research: [Topic] or Terminal Project	1-4
Elective course or remaining area of inquiry		4
Begin working in a research lab or doing an internship		
Consider PSY honors		
	Credits	**13-16**
Winter		
PSY 303	Research Methods in Psychology	4
Elective course or remaining area of inquiry course		4
Choose from PSY 304-309		4
PSY 401 or PSY 406	Research: [Topic] or Practicum: [Topic]	1-4
	Credits	**13-16**
Spring		
PSY 400-level specialty course		4
PSY 300-400 level elective		4
Elective courses or remaining area of inquiry		4-8
Apply for PSY honors		
	Credits	**12-16**
Fourth Year		
Fall		
PSY 400-level core course		4
PSY 300-400 level elective		4
Elective courses		8
Meet with an advisor early to make a graduation plan		
Apply to graduate shcools or look for work after graduation		
	Credits	**16**

Winter		
PSY 400-level specialty course		4
PSY 300-400 level elective		4
Elective courses		4-8
PSY 401 or PSY 403	Research: [Topic] or Thesis	1-4
If you are considering graduate school, consider taking additional psychology courses/seminars		
	Credits	**13-20**
Spring		
Remaining PSY requirements		4-8
Remaining requirements for Core Ed/Cultural literacy		4-8
Elective courses or remaining degree requirements		4-8
Apply to graduate on DuckWeb the term you complete all requirements		
	Credits	**12-24**
	Total Credits	**175-204**