Physical Education

Chantelle Russell, Associate Director

The physical education program offers physical activity courses for university students, UO faculty and staff members, and members of the Eugene-Springfield community. Physical education courses emphasize the development of physical skills, improvement in fitness levels, and the acquisition of knowledge that contributes to a healthy lifestyle and holistic well-being.

Approximately 130 courses are offered each term in a variety of activity areas—aquatics and scuba, fitness, individual activities, leadership, martial arts, mind-body, outdoor pursuits, racquet sports, running, team sports, and weight training. This ever-changing array of courses is taught by an exceptional staff of faculty members and contract employees.

Most classes meet twice a week for 1 credit. As many as 12 credits in physical education may be applied as electives to a bachelor's degree. Each term's offerings are listed in the Schedule of Classes online. Students may register for courses through DuckWeb, which is explained in the **Registration and Academic Policies** section of this catalog.

Students and members of the staff, faculty, and community may enroll in physical education courses as noncredit participants, if space is available. Noncredit participants pay the PE course fee and register online (https://recweb.uoregon.edu/).

Opportunities are available for students who have disabilities or who need special accommodations in order to participate in physical education courses. More information and support is available by visiting the PE and Rec website. (https://rec.uoregon.edu/)

Fees for Physical Education Courses

Course	Fee
Activity (1 credit)	$90
Activity (2 credits)	$180
Outdoor pursuits	$105–$200
Practicum (1–3 credits)	$40

Some courses require additional fees to pay for equipment, transportation, contract expenses, and certification. Fees and fee-refund schedules are printed in each term's schedule of classes.

Faculty

Anne Borland, senior instructor (outdoor pursuits). BA 1987, Oregon. (2008)

Daniel Crowe, senior instructor (outdoor pursuits). BA, 1997, Concordia College. (2004)

David Rubino, senior instructor (individual activities, martial arts, running, team sports, weight training); assistant director. BS, 1987, State University of New York, Cortland; MA, 1988, Northern Colorado. (2001)

Joan Dobbie, senior instructor (mind body). BA, 1967, State University of New York, Potsdam. (1998)

Justine Halliwill, senior instructor (martial arts, mind body). BS, 2005, Oregon. (2005)

Linda Metzger, senior instructor (fitness). BA, 2008, Platteville; WI. (2011)

Michele Bulgatz, senior instructor (mind body). BA, 1985, California, Santa Barbara. MS, 1994, Oregon. (2001)

Michie Kawada, senior instructor (aquatics, fitness). BA, 1998, Oregon. (2002)

Nat Lundin, senior instructor (mind body). BS, 2007, Oregon. (2009)

Ryan Kelly, senior instructor (martial arts). (1999)

Emeritae

Karla S. Rice, senior instructor emerita. BS, 1962, Central Michigan; MA, 1965, Michigan State. (1967)

Becky L. Sisley, professor emerita; athletic liaison. BA, 1961, Washington (Seattle); MSPE, 1964, EdD, 1973, North Carolina, Greensboro. (1965)

Lois J. Youngen, associate professor emerita. BS, 1955, Kent State; MA, 1957, Michigan State; PhD, 1971, Ohio State. (1960)

Michael Strong, senior instructor II emerita (outdoor pursuits). MS,1986 University of Oregon. BS 1976, University of Alberta. (1986)

The date in parentheses at the end of each entry is the first year on the University of Oregon faculty.