Family and Human Services (BA/BS)

240 HEDCO Education Building
541-346-2143
fhs@uoregon.edu

Students in the family and human services (FHS) program are committed to helping individuals improve their quality of life. Reflecting the diversity of the community and social service sector, FHS is interdisciplinary, drawing on the fields of psychology and counseling, social work, prevention science, public health, human development, and sociology.

Alongside like-minded peers, you'll analyze and create systems of community care for children and families. You'll learn how to help children and families develop effective ways to succeed in today's complex world, and you'll gain an understanding of evidenced-based interventions, prevention, and agency policy and practices.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Demonstrate understanding of human services history, theories, basic social science methods, and their applications in practice.
- Systematically analyze individual, family, and community needs; plan and implement appropriate strategies and services; and evaluate effectiveness of services.
- Demonstrate interpersonal skills and awareness of their own values, personalities, power/privilege, biases, interpersonal styles and limitations.
- Demonstrate knowledge of the legal, ethical and professional standards of human service professions and demonstrate an ability to apply strategies for these standards in human service contexts.
- Demonstrate understanding of risk and protective factors across all levels of the social ecological model that promote or inhibit human functioning and health equity, and they will incorporate this knowledge when engaging with individuals, families, communities, and policymakers.

Students who major in FHS must select one emphasis area in which to complete additional coursework beyond a shared set of core courses.

- The **Prevention Science (PS)** emphasis prepares students for graduate studies and careers that will involve prevention-focused program development and evaluation.
- The **Direct Service Intensive (DSI)** emphasis prepares students for graduate studies and careers that will involve direct delivery of interventions.

Family and Human Services Major Requirements

Courses used to fulfill the major requirements must be taken for a letter grade and passed with a grade of C- or better.

Prevention Science Emphasis

Code	Title	Credits
Premajor Core		
FHS 213	Issues for Children and Families	4
FHS 215	Exploring Family and Human Services	3
FHS 216	Diversity in Human Services	4
Professional Studies		
CPSY 217	Foundations of Student Health and Well-Being	3
FHS 301	Writing for Human Services Professionals	3
FHS 328	Human Development in the Family Context	3
FHS 330	Individual Interventions in Ecological Contexts	4
FHS 331	Group and Community Interventions	3
FHS 420	Research in Human Services	3
or PSY 303	Research Methods in Psychology: [Topic]	
or SOC 311	Research Methods	
FHS 471	Human Services Professional Ethics	3
FHS 492	Contemporary Issues in Public Health	3
Advanced Interventions & Case Management		**3**
FHS 493	Child and Family Case Management	
FHS 494	Adolescent and Adult Case Management	
Research Experience		**2**
FHS 401	Research: [Topic]	
Equity and Diversity		**4**
ANTH 165	Sexuality and Culture	
ANTH 278	Science, Race, and Society	
ASL 301	American Deaf Culture	
ES 101	Introduction to Ethnic Studies	
ES 352	Social Equity and Criminal Justice	
GLBL 250	Value Systems in Cross-Cultural Perspective	
PHIL 216	Philosophy and Cultural Diversity	
PHIL 307	Social and Political Philosophy	
SOC 207	Social Inequality	
SOC 313	Social Issues and Movements	
SOC 345	Race and Ethnicity	
SOC 355	Sociology of Gender	
WGS 101	Introduction to Women's and Gender Studies	
WGS 201	Introduction to Queer Studies	
WGS 321	Feminist Perspectives: Identity, Race, Culture	
WGS 322	Queer Theory	
WGS 341	Women, Work, and Class	
Professional Depth		**6**
FHS 329	Youth Psychopathology in Context	
FHS 422	Prevention Science in Practice	
FHS 423	Prevention Science in Practice Supervision	
PPPM 205	Introduction to City Planning	
PPPM 280	Introduction to the Nonprofit Sector	
PPPM 413	Quantitative Methods	
PPPM 418	Introduction to Public Law	
PPPM 422	Grant Proposal Writing	
PPPM 426	Strategic Planning for Management	
PSY 301	Scientific Thinking in Psychology	
PSY 309	Psychopathology	

PSY 366	Culture and Mental Health	
SOC 304	Community, Environment, and Society	
SOC 312	Statistical Analysis in Sociology	
STAT 243Z	Elementary Statistics I	
SPED 426	Behavior and Classroom Management	
FHS 490	Scientific Analysis in Human Services	3
Total Credits		**54**

Family and Human Services Major Requirements

Courses used to fulfill the major requirements must be taken for a letter grade and passed with a grade of C- or better.

Direct Service Intensive Emphasis

Code	Title	Credits
Premajor Core		
FHS 213	Issues for Children and Families	4
FHS 215	Exploring Family and Human Services	3
FHS 216	Diversity in Human Services	4
Professional Studies		
CPSY 217	Foundations of Student Health and Well-Being	3
FHS 301	Writing for Human Services Professionals	3
FHS 328	Human Development in the Family Context	3
FHS 330	Individual Interventions in Ecological Contexts	4
FHS 331	Group and Community Interventions	3
FHS 420	Research in Human Services	3
or PSY 303	Research Methods in Psychology: [Topic]	
or SOC 311	Research Methods	
FHS 471	Human Services Professional Ethics	3
FHS 492	Contemporary Issues in Public Health	3
Advanced Interventions & Case Management		**3**
FHS 493	Child and Family Case Management	
FHS 494	Adolescent and Adult Case Management	
Research Experience		**1**
FHS 401	Research: [Topic]	
Equity and Diversity		**4**
ANTH 165	Sexuality and Culture	
ANTH 278	Science, Race, and Society	
ASL 301	American Deaf Culture	
ES 101	Introduction to Ethnic Studies	
ES 352	Social Equity and Criminal Justice	
GLBL 250	Value Systems in Cross-Cultural Perspective	
PHIL 216	Philosophy and Cultural Diversity	
PHIL 307	Social and Political Philosophy	
SOC 207	Social Inequality	
SOC 313	Social Issues and Movements	
SOC 345	Race and Ethnicity	
SOC 355	Sociology of Gender	
WGS 101	Introduction to Women's and Gender Studies	
WGS 201	Introduction to Queer Studies	
WGS 321	Feminist Perspectives: Identity, Race, Culture	
WGS 322	Queer Theory	
WGS 341	Women, Work, and Class	
Professional Depth		**6**
FHS 329	Youth Psychopathology in Context	
FHS 422	Prevention Science in Practice	
FHS 423	Prevention Science in Practice Supervision	
PPPM 205	Introduction to City Planning	
PPPM 280	Introduction to the Nonprofit Sector	
PPPM 413	Quantitative Methods	
PPPM 418	Introduction to Public Law	
PPPM 422	Grant Proposal Writing	
PPPM 426	Strategic Planning for Management	
PSY 301	Scientific Thinking in Psychology	
PSY 309	Psychopathology	
PSY 366	Culture and Mental Health	
SOC 304	Community, Environment, and Society	
SOC 312	Statistical Analysis in Sociology	
STAT 243Z	Elementary Statistics I	
SPED 426	Behavior and Classroom Management	
Human Services: Practice		**8**
FHS 472	Human Services in Practice	
Human Services Practice Supervision		**4**
FHS 473	Human Services in Practice Supervision	
Total Credits		**62**

Four-Year Degree Plan

The degree plan shown is only a sample of how students may complete their degrees in four years. There are alternative ways. Students should consult their advisor to determine the best path for them.

In addition to required course work, those working toward all degrees listed below must participate in work or volunteer experiences related to human services and maintain a cumulative grade point average (GPA) of 2.50 or better.

Bachelor of Arts in Family and Human Services

Course	Title	Credits	Milestones
First Year			
Fall			
First term of first-year second-language sequence		4	
WR 121Z	Composition I	4	
FHS 213 or FHS 215 or FHS 216	Issues for Children and Families or Exploring Family and Human Services or Diversity in Human Services	4	
Elective course		3	
	Credits	**15**	
Winter			
Second term of first-year second-language sequence		4	

WR 122Z or WR 123	Composition II or College Composition III	4
FHS 213 or FHS 215 or FHS 216	Issues for Children and Families or Exploring Family and Human Services or Diversity in Human Services	4
Elective course		3
	Credits	**15**
Spring		
Third term of first-year second-language sequence		4
FHS 213 or FHS 215 or FHS 216	Issues for Children and Families or Exploring Family and Human Services or Diversity in Human Services	4
General-education course in arts and letters		4
General-education course in science		4
	Credits	**16**
	Total Credits	**46**

Course	Title	Credits	Milestones
Second Year			
Fall			
First term of second-year second-language sequence		4	
General-education course in arts and letters		4	
General-education course in social science		4	
General-education course in science		4	
Prepare application for admission to the family and human services major			
	Credits	**16**	
Winter			
Second term of second-year second-language sequence		4	
General-education course in arts and letters		4	
General-education course in social science		4	
General-education course in science		4	
Submit application for admission to the family and human services major			
	Credits	**16**	
Spring			
Third term of second-year second-language sequence		4	
General-education course in arts and letters		4	
General-education course in social science		4	
General-education course in science		4	
Complete all specified family and human services major admission requirements			
	Credits	**16**	
	Total Credits	**48**	

Course	Title	Credits	Milestones
Third Year			
Fall			
FHS 328	Human Development in the Family Context	3	
FHS 330	Individual Interventions in Ecological Contexts	4	
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
Elective course		3	
	Credits	**13**	
Winter			
FHS 331	Group and Community Interventions	3	
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
FHS 420	Research in Human Services	3	
FHS 492	Contemporary Issues in Public Health	3	
	Credits	**12**	
Spring			
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
FHS 493 or FHS 494	Child and Family Case Management or Adolescent and Adult Case Management	3	
General-education course that also satisfies a multicultural requirement (American cultures or international cultures)		4	
Elective course		4	
	Credits	**14**	
	Total Credits	**39**	

Course	Title	Credits	Milestones
Fourth Year			
Fall			
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
FHS 496	Senior Project Proposal	1	
Upper-division elective courses		8	
Elective course		3	
	Credits	**15**	
Winter			
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
Elective courses		11	
Complete application for graduation on DuckWeb			
	Credits	**14**	
Spring			
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
Upper-division elective courses		8	
	Credits	**11**	
	Total Credits	**40**	

Bachelor of Science in Family and Human Services

Course	Title	Credits	Milestones
First Year			
Fall			
WR 121Z	Composition I	4	
FHS 213 or FHS 215 or FHS 216	Issues for Children and Families or Exploring Family and Human Services or Diversity in Human Services	4	
General-education course in arts and letters		4	
Elective course		4	
	Credits	**16**	
Winter			
WR 122Z or WR 123	Composition II or College Composition III	4	
FHS 213 or FHS 215 or FHS 216	Issues for Children and Families or Exploring Family and Human Services or Diversity in Human Services	4	
General-education course in science		4	
Elective course		4	
	Credits	**16**	
Spring			
FHS 213 or FHS 215 or FHS 216	Issues for Children and Families or Exploring Family and Human Services or Diversity in Human Services	4	
General-education course in arts and letters		4	
General-education course in science		4	
Elective course		4	
	Credits	**16**	
	Total Credits	**48**	

Course	Title	Credits	Milestones
Second Year			
Fall			
Mathematics course		4	
General-education course in social science		4	
General-education course in science		4	
General-education course that also satisfies a multicultural requirement (American cultures or international cultures)		4	
Prepare application for admission to the family and human services major			
	Credits	**16**	
Winter			
Mathematics course		4	
General-education course in arts and letters		4	
General-education course in social science		4	
Elective course		4	
Submit application for admission to the family and human services major			
	Credits	**16**	
Spring			
Mathematics course		4	
General-education course in arts and letters		4	
General-education course in social science		4	
General-education course in science		4	
Complete all specified family and human services major admission requirements			
	Credits	**16**	
	Total Credits	**48**	

Course	Title	Credits	Milestones
Third Year			
Fall			
FHS 328	Human Development in the Family Context	3	
FHS 330	Individual Interventions in Ecological Contexts	4	
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
Elective course		3	
	Credits	**13**	
Winter			
FHS 331	Group and Community Interventions	3	
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
FHS 420	Research in Human Services	3	
FHS 492	Contemporary Issues in Public Health	3	
	Credits	**12**	
Spring			
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
FHS 493 or FHS 494	Child and Family Case Management or Adolescent and Adult Case Management	3	
Elective courses		8	
	Credits	**14**	
	Total Credits	**39**	

Course	Title	Credits	Milestones
Fourth Year			
Fall			
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	
FHS 496	Senior Project Proposal	1	
Upper-division elective courses		8	
Elective course		4	
	Credits	**16**	
Winter			
FHS 406	Practicum: [Topic]	2	
FHS 407	Seminar: [Topic]	1	

Elective courses		11
Complete Application for Graduation on DuckWeb		
	Credits	**14**
Spring		
FHS 406	Practicum: [Topic]	2
FHS 407	Seminar: [Topic]	1
Upper-division elective courses		8
	Credits	**11**
	Total Credits	**41**