Physical Education: Leadership Courses

Courses

PEL 199. Special Studies: [Topic]. 1-5 Credits.
Repeatable.

PEL 310. Coaching. 2 Credits.
Addresses all aspects of coaching from kindergarten through college. Topics include philosophy, objectives and outcomes, communication styles, writing workouts, discipline, and age-appropriate skills, drills and strategies. Sequence with PEL 406 is possible with successful completion of the course.

PEL 311. Coaching II. 2 Credits.
Practical application of knowledge and skills from PEL 310 Coaching I, by implementing strategies and techniques in teaching or coaching situation. Students will write a practice plan and teach a technical and tactical skill to the class. Sequence with PEL 310.
Prereq: PEL 310 or equivalent experience.

PEL 399. Special Studies: [Topic]. 1-5 Credits.
Repeatable.

PEL 406. Practicum: [Topic]. 1-4 Credits.
Practical experiences in equipment and facilities management service, outdoor pursuits, recreation and intramurals, and physical education. Repeatable five times for a maximum of 6 credits.

PEL 408. Workshop: [Topic]. 1-5 Credits.
Repeatable. Professional topics in physical education.

PEL 409. Terminal Project. 1-12 Credits.
Repeatable.