Couples and Family Therapy Courses

Courses

CFT 401. Research: [Topic]. 1-5 Credits.
Repeatable.

CFT 407. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CFT 410. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CFT 503. Thesis. 1-16 Credits.
Repeatable.

CFT 507. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CFT 510. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CFT 601. Research: [Topic]. 1-16 Credits.
A current topic is Methods.

CFT 604. Internship: [Topic]. 1-9 Credits.
Repeatable.

CFT 605. Reading and Conference: [Topic]. 1-16 Credits.
Repeatable.

CFT 606. Practicum: [Topic]. 1-16 Credits.
Repeatable.

CFT 607. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CFT 608. Workshop: [Topic]. 1-16 Credits.
Repeatable.

CFT 609. Terminal Project. 1-12 Credits.
Repeatable.

CFT 610. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CFT 612. Parenting Interventions. 3 Credits.
Examines evidence-based practices for parenting children and adolescents, including trauma-focused parenting strategies.

CFT 615. Introduction to Marriage Family Therapy. 3 Credits.
Surveys the distinct disciplines of marriage and family therapy.

CFT 616. Systems Theory Foundations. 3 Credits.
Surveys macro theories and their relationship to families and family therapy with emphasis on systems, communications, and ecological theories.

CFT 620. Mental Health and Diagnosis. 3 Credits.
Study of maladaptive behavior, treatment, and prevention emphasizing the integrative contributions of biological, behavior, cognitive, psychodynamic, humanist-existential, and community perspectives, including the "Diagnostic and Statistical Manual of Mental Disorders."

CFT 625. Violence, Trauma, and Healing. 4 Credits.
Theories and research on the acceleration and cessation of violence in the family and assessment of responses to violent family behaviors and to perpetrators, survivors, and families.

CFT 626. Relational Sex Therapy. 3 Credits.
Increases understanding and clinical abilities for working with couples; special emphasis on the role of intimacy and sexual relationships.

CFT 627. Advanced Theories in Relational Therapy. 4 Credits.
Studies theories and models of couples and family therapy; self-evaluation of clinical work. Examines integration, specifically the "metaframeworks" model,solution-focused therapy, and emotionally focused therapy.

CFT 628. Addiction and Recovery. 4 Credits.
Increases the conceptual understanding and skills of family therapists working with contemporary issues; emphasis on addictions and addiction recovery.

CFT 629. Intimate Partner Therapy. 4 Credits.
Application of systems theory to problems within relationships and their resolution. Includes research findings, assessment, motivation, change, content and process, ethics, and social-macro considerations.

CFT 640. Beginning Practicum. 3 Credits.
Provides basic clinical skills for initial work with client systems including intake and consent procedures, clinical assessment, treatment planning, and risk assessment.