Health Services

Debra Beck, RN, MBA, Executive Director

University Health, Counseling, and Testing Center Building
1590 East 13th Avenue (at the corner of 13th and Agate)
541-346-2770

The University Health Center is a unit of the Division of Student Services and Enrollment Management. The health center is nationally accredited, offering high-quality primary care, acute care, psychiatry, and specialty care services to help UO students stay healthy. These services are provided by a highly qualified staff that includes board-certified physicians and nurse practitioners, dentists, registered nurses, certified medical assistants, laboratory and x-ray technicians, physical therapists, pharmacists, dental hygienists, health initiatives staff members, massage therapists, an acupuncturist, and business and administrative support staff.

Health Care Services

- Primary care
- Acute care
- Psychiatry
- Endocrinology
  - Diabetes management
  - Transgender medicine
- Musculoskeletal care
- Sexual health
  - STI screening and treatment
  - Contraceptives
- Dental care
- Physical therapy/Sports Medicine
  - Massage and acupuncture
- Pharmacy
  - Tobacco cessation
  - Allergy and asthma care
  - Contraceptive prescribing
- Laboratory and x-ray
- Travel health
- Vaccines

Other Services

- The Duck Nest Wellness Center
  - Nutrition and food security
  - Stress reduction and sleep management
  - Sexual health
  - Physical activity
- Protection-Connection sexual health supply program
- Body Project body acceptance intervention
- Promotion of a smoke-, tobacco- and e-cigarette free campus
- Communicable disease prevention and management

Hours of Operation

The health center's normal hours of operation for the fall through spring terms are 9:00 a.m. to 5:00 p.m., Monday through Friday, and from 9:00 a.m. to noon on Saturday. Summer hours are 9:00 a.m. to 4:30 p.m., Monday through Friday, and closed weekends. The health center is closed on all university holidays. Some clinics may have extended hours; please refer to the health center website (https://health.uoregon.edu/) for more information.

Appointments

Students are encouraged to make appointments by calling 541-346-2770 during weekday hours or by logging in to the online portal (https://health.uoregon.edu/myuohealth/).

A nurse advice line is available for students 24 hours a day at 541-346-2770.

Local emergency rooms and after-hours clinics are available for emergency and immediate care when the health center is closed.

Student Health Fee and Health Center Charges

All registered students must pay the student health fee, part of the UO tuition and fees package. The health fee ensures a healthy and safe campus. The fee supports immunization compliance, funds health education and wellness activities, provides access to contraceptives and safer sex resources, and enables the health center to plan for and respond to campus health emergencies. It also provides crisis intake for psychiatry, sexual victim advocacy, alcohol education, triage nursing advice, after-hours nursing telephone advice 365 days per year, and more.

Students are responsible for payment of medical services at the health center, when referred for medical services not available at the health center, and when using medical services outside of the health center. Check the website (https://health.uoregon.edu/costs-services/) for further information about the cost of services.

Student Health Insurance

The University of Oregon provides the UO Student Health Benefits Plan, which offers excellent coverage at affordable rates, including 100 percent coverage for most services at the University Health Center. International students are automatically enrolled in the plan; domestic students must opt-in to the plan before published deadlines.

The University Health Center is now accepting some insurance plans as an in-network provider. Check the website (https://health.uoregon.edu/insurance/) for further information about insurance billing options.

Immunization Requirements

The University of Oregon has immunization and communicable disease screening requirements for all incoming students. Students are encouraged to satisfy all of their immunization requirements before arriving on campus. The following vaccines are required:

- Measles, mumps, and rubella (MMR) (two doses or proof of immunity or birthdate prior to 1957)
- Meningococcal quadrivalent (serogroups A, C, Y, and W-135) vaccination for all students younger than 22 (dose received on or after age 16)
- Varicella (chickenpox) (two doses or proof of immunity)
- Tetanus-diphtheria-pertussis (Tdap) (one dose on or after age 11)

Incoming students also must complete an online screening questionnaire for tuberculosis (TB). Results of this evaluation, in addition to documentation of required vaccinations (or evidence of immunity to these diseases) must be submitted to the health center. Visit the health center

website (https://health.uoregon.edu/enrollment-requirements/) for more information.

While not required at this time, the health center highly recommends vaccines for meningococcal B strain, hepatitis A and B, and human papillomavirus (HPV), in addition to an annual flu shot. Pneumococcal vaccine is recommended for students with certain medical conditions.

Other General Information

The University Health Center is a covered entity of the Health Insurance Portability and Accountability Act of 1996 and the health-care services provided are confidential. Medical records, patient bills, and other patient information are released only with the specific written authorization of the patient, unless required by law.

The health center is a member in good standing with the American College Health Association and is fully accredited by the Accreditation Association for Ambulatory Health Care.

For more information, visit the website (https://health.uoregon.edu/).