Physical Education

Chantelle Russell, Associate Director

The physical education program offers physical activity courses for university students, UO faculty and staff members, and members of the Eugene-Springfield community. Physical education courses emphasize the development of physical skills, improvement in fitness levels, and the acquisition of knowledge that contributes to a healthy lifestyle.

Approximately 140 courses are offered each term in a variety of activity areas—aquatics and scuba, fitness, individual activities, leadership, martial arts, mind-body, outdoor pursuits, racquet sports, running, team sports, and weight training. This ever-changing array of courses is taught by an exceptional staff of faculty members and contract employees.

Most classes meet twice a week for 1 credit. As many as 12 credits in physical education may be applied as electives to a bachelor's degree. Each term's offerings are listed in the Schedule of Classes online. Students may register for courses through DuckWeb, which is explained in the **Registration and Academic Policies** section of this catalog.

Students and members of the staff, faculty, and community may enroll in physical education courses as noncredit participants, if space is available. Noncredit participants pay the PE course fee and register in person at the service desk in the Student Recreation Center once registration is open for the term.

Opportunities are available for students who have disabilities or who need special accommodations in order to participate in physical education courses. More information and support is available by calling 541-346-4113, 8:00 a.m.–5:00 p.m., Monday–Friday, or visit the website (https://uorec.uoregon.edu/pe-classes).

Fees for Physical Education Courses

Course	Fee
Activity (1 credit)	$60
Activity (2 credits)	$120
Outdoor pursuits	$84–$185
Practicum (1–3 credits)	$40

Some courses require additional fees to pay for equipment, transportation, contract expenses, and certification. Fees and fee-refund schedules are printed in each term's schedule of classes.

Faculty

David Rubino, senior instructor (martial arts, running, weight training). BS, 1987, Cortland; MA, 1988, Northern Colorado. (2001)

Viriam Khalsa, senior instructor.

Linda Metzger, senior instructor.

Greg Smith, senior instructor (racquet sports, mind-body). BS, 1975, Texas, Austin. (2001)

Michael Strong, senior instructor (outdoor pursuits). BS, 1976, Alberta; MS, 1986, Oregon. (1986)

Emeritae

Karla S. Rice, senior instructor emerita. BS, 1962, Central Michigan; MA, 1965, Michigan State. (1967)

Becky L. Sisley, professor emerita; athletic liaison. BA, 1961, Washington (Seattle); MSPE, 1964, EdD, 1973, North Carolina, Greensboro. (1965)

Lois J. Youngen, associate professor emerita. BS, 1955, Kent State; MA, 1957, Michigan State; PhD, 1971, Ohio State. (1960)

The date in parentheses at the end of each entry is the first year on the University of Oregon faculty.