Counseling Psychology and Human Services

Benedict T. McWhirter, Department Head
541-346-5501
541-346-6778 fax
240 HEDCO Education Building

Programs in the Department of Counseling Psychology and Human Services educate and train professionals in counseling psychology, couples and family therapy, and family and human services. Students are trained to effectively identify, treat, and prevent psychological problems in children, adolescents, adults, and families. At the doctoral level, students extend scientific knowledge through research in collaboration with faculty mentors. Field placements, practicum placements, and internships at all levels of training provide students with opportunities to practice in schools, community agencies, and clinical and research settings under the supervision of faculty members, agency personnel, and collaborating scholars.

Faculty

Kevin W. Alltucker, assistant professor (child development, juvenile delinquency, child welfare reform). BS, 1984, Oregon State; PhD, 2004, Oregon. (2004)

Tiffany Brown, lecturer (self-harm, family dynamics of addiction, collegiate recovery communities). BS, 2002, MEd, 2005, Oregon; PhD, 2009, Texas Tech. (2011)

Krista Chronister, associate professor (domestic violence, career counseling, community intervention). BS, 1996, Florida; MS, 2000, PhD, 2003, Oregon. (2003)

Daniel W. Close, associate professor (prevention of child abuse, independent living, curriculum development). BA, 1971, California Lutheran; MA, 1973, Idaho State; PhD, 1977, Oregon. (1977)

Shoshana D. Kerewsky, senior lecturer (ethics; international services; lesbian, gay, bisexual, and transgender issues). BA, 1983, Swarthmore; MA, 1990, Lesley; PsyD, 1998, Antioch, New England. (1996)

Atika Khurana, assistant professor (adolescent development and risk-taking, self-regulation and executive functions, family and ecological influences). BS, 2003, MS, 2005, Panjab; PhD, 2009, Ohio State. (2012)

Leslie Leve, professor (foster care, adoption, prevention science). BA. 1990, California, Santa Cruz; MS, 1991, PhD, 1995, Oregon. (2013)

Deanna Linville, associate professor (eating disorders and obesity intervention, couples issues). BA, 1997, MS, 2000, PhD, 2003, Virginia Polytechnic Institute and State University. (2003)

Benedict T. McWhirter, professor (adolescents at risk, college student development, connectedness). BA, 1986, Notre Dame; MC, 1988, PhD, 1992, Arizona State. (1997)

Ellen Hawley McWhirter, Ann Swindells Professor in Counseling Psychology (adolescent career development, empowerment, youth at risk). BA, 1983, Notre Dame; MC, 1988, PhD, 1992, Arizona State. (1997)

Elizabeth Skowron, professor (early adversity and neurobehavioral systems of developing self-regulation in children and parents, differentiation of self, family interventions). BA, 1988, Ohio State; MS, 1991, PhD, 1995, State University of New York, Albany. (2012)

Elizabeth A. Stormshak, professor (prevention of delinquency, conduct problems, peer rejection). BA, 1988, Washington (Seattle); MS, 1992, PhD, 1995, Pennsylvania State. (1996)

Surendra Subramani, senior instructor (multicultural education and cross-cultural training, leadership and management, sociology of comparative education); diversity coordinator. BS, 1986, Oregon; MBA, 1993, Oregon State; PhD, 2000, Oregon. (2004)

Jeff Todahl, associate professor (child abuse and neglect prevention, intimate partner violence, community engagement). BA, 1985, Western Washington; MS, 1989, Seattle Pacific; PhD, 1995, Florida State. (1999)

Courtesy

Joseph Arpaia, courtesy assistant professor (clinical hypnosis, autonomic nervous system, mediation and psychotherapy). BS, 1982, California Institute of Technology; MD, 1990, California, Irvine. (2005)

Philip A. Fisher, professor. See **Psychology**.

Richard D. Freund, courtesy assistant professor (research methods, community college counseling, cognitive therapy). BA, 1966, Brown; PhD, 1971, Stanford. (1975)

Arthur Pearl, adjunct professor (democracy and human services). PhD, 1960, California, Berkeley. (2010)

Marlin Schultz, courtesy associate professor (couples and family therapy). BA, 1967, Cascade; DMin, 1972, Fuller Theological Seminary. (2003)

Karrie P. Walters, instructor (human services, child and family interventions, prevention and social justice). BA, 1996, North Texas; MA, 2001, Minnesota, Twin Cities; PhD, 2010, Oregon. (2010)

Emeriti

Henry F. Dizney, professor emeritus. BS, 1954, Southeast Missouri State; MEd, 1955, Wayne State; PhD, 1959, Iowa. (1967)

Gordon A. Dudley, associate professor emeritus. BA, 1956, Kalamazoo; MA, 1959, Colorado; EdD, 1971, Harvard. (1967)

Sally Fullerton, professor emerita. BS, 1956, Oregon State; MA, 1960, Cornell; PhD, 1970, Oregon. (1970)

Weston H. Morrill, professor emeritus. BS, 1960, MS, 1961, Brigham Young; PhD, 1966, Missouri, Columbia. (1990)

Janet Moursund, associate professor emerita. BA, 1958, Knox; MS, 1961, PhD, 1963, Wisconsin, Madison. (1967)

Anita Runyan, associate professor emerita. BS, 1956, Pacific Union; MS, 1968, PhD, 1972, Oregon. (1972)

Saul Toobert, professor emeritus. BA, 1947, California, Berkeley; PhD, 1965, Oregon. (1963)

The date in parentheses at the end of each entry is the first year on the University of Oregon faculty.

- **Bachelor of Arts**
- **Bachelor of Science**
- **Bachelor of Education**

Undergraduate Studies

Family and Human Services

Shoshana D. Kerewsky, Major Director
340 HEDCO Education Building
541-346-2143

The nationally accredited family and human services major leads to a bachelor of arts (BA), bachelor of science (BS) or bachelor of education (BEd) degree. It is designed for students who want to help children, youth, adults, and families learn effective ways to confront the problems in their lives. Participants gain a broad understanding of learning and development, intervention, professional communication, prevention, and agency policy and practices through a combination of course work and field experiences in human service agencies.

Careers

Graduates find work as entry-level professionals in early intervention, child-abuse prevention, youth services and probation, corrections, mental health, and drug and alcohol rehabilitation and treatment. Many go on to pursue graduate study in education, social work, family and human services, counseling psychology, or special education.

Application Deadline

Students must formally apply to enter the family and human services major. Specific information about the admission deadline may be found on the College of Education website.

Applicants advanced past the written file review are invited for an interview. This group interview is required for admission to the program.

Admission Requirements

At the time of application, students must have

1. Completed 50–55 credits, with a cumulative GPA of 2.50. Demonstrated satisfactory progress toward completion of the university writing requirement and 8 credits in each of the general-education groups: arts and letters, social science, and science.
2. Completed the premajor core with a cumulative GPA of 2.75. Transfer students should meet with the department advisor
3. Demonstrated volunteer experience with children, youth, adults, and/or families
4. Agreed to and subsequently passed a criminal background check for full admission to the program
5. Agreed to and subsequently passed a UO Student Conduct and Community Standards check for full admission to the program

Premajor Core

The premajor core courses, completion of which is a prerequisite for admission to the major, present various theories of community service, education, and societal issues relevant to developing professionals in human services. Through core courses, students develop strategies for working with people based on research and practice, and learn how to use evaluation information to meet the needs of clients and children.

Professional Studies

The family and human services major consists of course work and field-based experiences in human service agencies, taken during the junior and senior years. A field project is completed in the senior year.

Field Experiences

Students participate in supervised activities in public and private human services agencies and organizations. Typically, there are three junior field studies experiences at three different agencies. There are two to three terms of senior placements at the same agency.

Bachelor of Arts Degree Requirements

Premajor Core		
FHS213	Issues for Children and Families	4
FHS215	Exploring Family and Human Services	4
FHS216	Diversity in Human Services	4
Professional Studies and Field Experiences		
FHS327	Organizational Issues in Human Services	4
FHS328	Theory of Family Systems	4
FHS329	Youth Psychopathology in Context	4
FHS330–331	Individual and Group Interventions I-II	7
FHS406	Special Problems: [Topic] (Beginning Field Studies I,II,III)	9
FHS406	Special Problems: [Topic] (Advanced Field Studies I,II)	8
FHS407	Seminar: [Topic] (Junior-Senior Supervision Issues) [1]	1-6
FHS420	Research in Human Services	4
FHS482 &FHS483	Prevention of Youth Violence and Prevention of Interpersonal Violence	8
FHS491–493	Junior Professional Practices and Issues I-III	9
FHS494–495	Senior Professional Practices and Issues	6
FHS496	Senior Project Proposal	1
FHS497	Senior Project	1-2
Total Credits		**78-84**

[1] 5 credits required to graduate.

Bachelor of Science Degree Requirements

Premajor Core		
FHS213	Issues for Children and Families	4
FHS215	Exploring Family and Human Services	4
FHS216	Diversity in Human Services	4
Professional Studies and Field Experiences		
FHS327	Organizational Issues in Human Services	4
FHS328	Theory of Family Systems	4
FHS329	Youth Psychopathology in Context	4
FHS330–331	Individual and Group Interventions I-II	7
FHS406	Special Problems: [Topic] (Beginning Field Studies I,II,III)	9
FHS406	Special Problems: [Topic] (Advanced Field Studies I,II)	8

FHS407	Seminar: [Topic] (Junior-Senior Supervision Issues) [1]	1-6
FHS420	Research in Human Services	4
FHS482 &FHS483	Prevention of Youth Violence and Prevention of Interpersonal Violence	8
FHS491–493	Junior Professional Practices and Issues I-III	9
FHS494–495	Senior Professional Practices and Issues	6
FHS496	Senior Project Proposal	1
FHS497	Senior Project	1-2
Total Credits		**78-84**

[1] 5 credits required to graduate.

Bachelor of Education Degree Requirements

Premajor Core		
FHS213	Issues for Children and Families	4
FHS215	Exploring Family and Human Services	4
FHS216	Diversity in Human Services	4
Professional Studies and Field Experiences		
FHS327	Organizational Issues in Human Services	4
FHS328	Theory of Family Systems	4
FHS329	Youth Psychopathology in Context	4
FHS330–331	Individual and Group Interventions I-II	7
FHS406	Special Problems: [Topic] (Beginning Field Studies I,II,III)	9
FHS406	Special Problems: [Topic] (Advanced Field Studies I,II)	8
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FHS482 &FHS483	Prevention of Youth Violence and Prevention of Interpersonal Violence	8
FHS491–493	Junior Professional Practices and Issues I-III	9
FHS494–495	Senior Professional Practices and Issues	6
FHS496	Senior Project Proposal	1
FHS497	Senior Project	1-2
Total Credits		**78-84**

[1] 5 credits required to graduate.

Family and Human Services—Early Childhood Emphasis

Kathy M. Moxley-South, Coordinator
541-346-5143
358 HEDCO Education Building

The early childhood emphasis of the family and human services major is a 60-credit, roughly two-year bachelor's degree program that satisfies the federal requirements for teaching in a Head Start program with a mix of human services and early childhood courses. In addition, it qualifies the graduate to pursue a wide variety of related career paths such as early childhood teacher, family advocate, case worker, or other careers in human services. It also prepares the student to pursue an advanced degree, such as a master's degree in social work or early intervention–special education.

Service-Learning Program

Deanna Chappell Belcher, Director
541-346-8285
370 HEDCO Education Building

Service-learning is a teaching and learning strategy that integrates community service with instruction and reflection to enrich the learning experience, teach civic responsibility, and strengthen communities. The Service-Learning Program offers courses along with a service component (available for variable credit, depending on volunteer hours performed by the student). Courses are open to students from all majors, and are flexible to allow students to choose to focus on a community issue that's important to them, and to volunteer with an organization that meets a real community need. When students pair academic work with learning outside the classroom, each enriches the other. Through service-learning, students not only learn the practical applications of their studies, they become actively contributing citizens and community leaders

Substance Abuse Prevention Program

Ruth Bichsel, Interim Academic Coordinator
541-346-4135
180 Esslinger Hall
sapp.uoregon.edu

The Substance Abuse Prevention Program (SAPP) is an academic training program that provides course work in the areas of alcohol and drug prevention, intervention, treatment, and recovery, as well as related topics. The typical SAPP instructor has extensive applied experience working with clients, organizations, and communities. Most hold advanced degrees and certifications or licenses in their area of expertise.

Students, professionals, and community members may take SAPP courses to broaden their knowledge base, earn college credit, or complete an area of concentration in the program. The program offers the course work required to pursue state credentials for the the certified prevention specialist (CPS) and the certified alcohol and drug counselor (CADC I and CADC II) through the Addiction Counselor Certification Board of Oregon.

- **Master of Arts**
- **Master of Science**
- **Master of Education**
- **Doctor of Philosophy**

Graduate Studies

The department offers master’s degrees with a major in counseling, family, and human services and a doctoral degree with a major in counseling psychology. The department’s faculty also provides courses for other College of Education and university programs.

Master’s Degrees

The counseling, family, and human services major leads to a master of arts (MA), master of science (MS), or master of education (MEd) degree.

Master of Arts Degree Requirements

Psychological foundations	15
Research competencies	20
Practitioner competencies	54
Professional competencies	7
Elective courses and seminars	18
Total Credits	**114**

Additional Requirement

The candidate must demonstrate proficiency in a second language.

Master of Science Degree Requirements

Psychological foundations	15
Research competencies	20
Practitioner competencies	54
Professional competencies	7
Elective courses and seminars	18
Total Credits	**114**

Students are not admitted directly to an MA or MS program. These degrees are earned by enrolled doctoral candidates who meet the requirements as they complete a PhD degree. Some graduate courses taken at another accredited institution may be applied to the requirements.

Master of Education Degree Requirements

Core Courses

Psychological foundations	15
Research competencies	20
Practitioner competencies	54
Professional competencies	7
Elective courses and seminars	18
Total Credits	**114**

Specialization Courses in Couples and Family Therapy

Theoretical foundations	19
Individual and family development	25
Research competencies	3
Professional ethics	4
Clinical practice	28
Additional courses	11
Total Credits	**90**

Couples and Family Therapy

Jeff Todahl, Program Director
240 HEDCO Education Building
541-346-0909

This two-year program trains students as professional family therapists in preparation for state licensure. This intensive training combines a strong theoretical base in systemic therapy with applied clinical experience. The clinical practicum includes 400 client contact hours (50percent with couples or families) and eighty hours of individual and group supervision. Supervision at the Center for Family Therapy involves live observation, participation in reflecting teams, and video- and audiotaped sessions. In addition, students see clients at community agencies, clinics, and therapist practices.

Application and Admission

Detailed admission policies and procedures for the couples and family therapy specialization are available on the couples and family therapy website. Students are admitted only for fall term, and completed applications must be received by the deadline published on the website for the following fall term. Only completed applications are reviewed for admission. Applicants are evaluated on

1. quality of work
2. Graduate Record Examinations (GRE) or Millers Analogies Test (MAT) scores
3. related work, background, or experience
4. résumé with statement of purpose
5. diversity essay response
6. three letters of recommendation
7. an interview.

Notices about disposition of applications are mailed by April 15.

Applicants must pass a criminal background check before they may enroll.

Doctoral Degree

Ellen McWhirter, Training Director
240 HEDCO Education Building
541-346-2456

The doctoral program is one of two counseling psychology programs in the Pacific Northwest that is accredited by the American Psychological Association Commission on Accreditation (750 First Street NE, Washington, D.C. 20002-4242, 202-336-5979), and it is recognized as acceptable for licensure by the Oregon Board of Psychologist Examiners. The program has been accredited since 1955. The couples and family therapy program is one of two programs in Oregon to be accredited by the Commission on Accreditation for Marriage and Family Therapy Education and be approved by the Oregon Board of Licensed Professional Counselors and Therapists.

Earning a doctoral degree in counseling psychology typically requires five to six years of study beyond the bachelor's degree. This period includes a one-year, full-time, supervised predoctoral internship. Students must complete a PhD dissertation that demonstrates a high standard of scholarship and the ability to conduct independent, original research. Students may enter the program with a bachelor's or a master's degree.

The program follows an ecological model of training embedded in the scientist-practitioner tradition. As such, the program trains psychologists to work with individuals, children and families, and groups within their contexts. Students learn to consider human behavior as interactive processes rather than centered in the individual; they learn to use preventive and remedial intervention strategies for behavioral and emotional problems. Students learn evidence-based counseling interventions for assessing and intervening in the many levels of context in which human problems emerge. These include learning culturally sensitive assessment and intervention strategies designed to increase understanding and effect change at the individual, familial, school, and community levels. Students are instructed to critically reflect on the

science and practice of psychology and engage in social justice advocacy as core to their training.

Students participate in integrated classroom, practicum, and fieldwork activities in research, prevention, and intervention with children and adults, families, groups, and communities. The doctoral program prepares psychologists who can make a significant contribution to the field through scholarly research and professional practice. Training experience may be had at the UO Counseling and Testing Center, Lane Community College Counseling Center, UO Prevention Science Institute, and in community agencies or nonprofit research centers.

Graduates are prepared to work as researchers, practitioners, and educators in community mental health centers, research institutions, institutions of higher education, medical settings, managed health-care organizations, community college and university counseling centers, juvenile corrections agencies, human resources departments in business, and career counseling agencies.

PhD Requirements

Psychological foundations		27
Four-term doctoral-level statistics sequence		24
Four courses in philosophy of research, research design, and measurement		24
CPSY603	Dissertation	18
Practitioner competencies		63
Professional competencies		16
Additional courses		6
Total Credits		**178**

The MEd and DEd programs in counseling psychology are inactive.

Application and Admission

Students are admitted to start fall term only. Prospective applicants may find detailed admission policies and procedures on the counseling psychology website. The closing date for receipt of completed applications is posted on the website for entry the following fall term. Notices about the disposition of applications are mailed by April 15.

Applicants are evaluated on

1. academic record
2. Graduate Record Examinations (GRE) general test scores
3. related work, research, and life experiences
4. a statement of purpose in seeking admission
5. letters of recommendation
6. an interview

Only completed applications are reviewed. Applicants must gather the requested supporting papers and submit them with the application forms as one package.

Graduate training includes completion of a dissertation as well as practicum and internship placements in which students work with children and adults, families, groups, and communities.

Courses

CPSY198. Workshop: [Topic]. 1-2 Credits.
Repeatable.

CPSY199. Special Studies: [Topic]. 1-5 Credits.
Repeatable.

CPSY401. Research. 1-5 Credits.
Repeatable.

CPSY404. Internship: [Topic]. 1-12 Credits.
Repeatable.

CPSY405. Reading and Conference: [Topic]. 1-21 Credits.
Repeatable.

CPSY406. Special Problems: [Topic]. 1-21 Credits.
Repeatable.

CPSY407. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CPSY408. Workshop: [Topic]. 1-21 Credits.
Repeatable.

CPSY409. Practicum: [Topic]. 1-21 Credits.
Repeatable.

CPSY410. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CPSY417. Introduction to Counseling Psychology Profession. 2 Credits.
An examination of counseling psychology as a specialty that emphasizes multicultural approaches to serving individuals, families, and groups through clinical practice and research.

CPSY503. Thesis. 1-16 Credits.
Repeatable.

CPSY507. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CPSY508. Workshop: [Topic]. 1-21 Credits.
Repeatable.

CPSY510. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CPSY601. Research: [Topic]. 1-16 Credits.
Repeatable.

CPSY602. Supervised College Teaching. 1-5 Credits.
Repeatable.

CPSY603. Dissertation. 1-16 Credits.
Repeatable.

CPSY605. Reading and Conference: [Topic]. 1-16 Credits.
Repeatable.

CPSY606. Special Problems: [Topic]. 1-16 Credits.
Repeatable.

CPSY607. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CPSY608. Workshop: [Topic]. 1-16 Credits.
Repeatable.

CPSY609. Practicum: [Topic]. 1-16 Credits.
Repeatable.

CPSY610. Experimental Course: [Topic]. 1-5 Credits.
Repeatable. Ecological Bases of Behavior is a current topic.

CPSY612. Professional Ethics. 3 Credits.
Ethical and legal concerns in the professional practice of psychology. Ethical theory and decision-making processes; legal aspects of client-psychologist relationships.

CPSY613. Introduction to Counseling Psychology. 3 Credits.
Historical foundations of counseling psychology. Major theories and theorists. Counseling as an ecological and context-sensitive interactive process. Settings and roles of the profession.

CPSY614. Theories of Counseling. 3 Credits.
Overview of selected historical and current counseling theories.

CPSY615. Counseling Diverse Populations. 4 Credits.
Influence of gender, race, ethnicity, and other factors related to diverse populations on the identity-formation process in contemporary society. Applications to counseling psychology.

CPSY617. Theories of Career Development. 3 Credits.
Addresses life-span career development including issues, concepts, and definitions; theories of career development and choice; intervention in strategies; and career resources in the context of a multicultural society.

CPSY621. Lifespan Developmental Psychology. 3 Credits.
Understanding continuity and change in human development and the ways in which the development of children, adolescents, and adults can be enhanced. Repeatable once for a maximum of 6 credits.

CPSY622. Psychological Assessment II. 4 Credits.
Selection and administration of instruments and procedures for generating personality and career assessment reports. Emphasizes the integration of assessment into the intervention planning process. Includes laboratory.

CPSY626. Psychological Services for Latinos. 2 Credits.
Provide graduate students with content specific to carrying out human services work and research with those who are Latino and/or Spanish-speaking.

CPSY631. Introduction to Prevention Science. 3 Credits.
Overview of theory, research, and practice in prevention science and health promotion, including foundational concepts, translation of theory into intervention, methodology, and implementation.

CPSY632. Risk and Resilience in Adolescents. 3 Credits.
Research and theory related to risk and resiliency processes during adolescence and young adulthood. Focuses on populations at elevated risk for adverse outcomes.

CPSY634. Implementation Science. 3 Credits.
Provides a framework for examining implementation science and its application to clinical and community-based research.
Prereq: CPSY 631 or CPSY 643; a graduate-level statistics course.

CPSY642. Child-Family Interventions. 4 Credits.
Empirically oriented interventions with children and families, ranging from early childhood through adolescence. Integrates developmental and intervention sciences.

CPSY643. Community and Preventive Interventions. 3 Credits.
Research and practice in community intervention designed to prevent mental and physical health problems. Includes health promotion, work-site interventions, school and community prevention programs.

CPSY651. Advanced Individual Counseling Intervention. 3 Credits.
Focuses on applying interpersonal process and problem-management approaches to individual counseling and psychotherapy; using assessment information in treatment planning.

CPSY654. Supervision and Agency Administration. 4 Credits.
Principles, methods, and ethical practice of clinical supervision. Theory of and research about models of counselor professional development. Review of supervision process and outcome research. Includes laboratory.

CPSY704. Internship: [Topic]. 1-15 Credits.
Repeatable.

CPSY706. Special Problems: [Topic]. 1-16 Credits.
Repeatable.

CPSY708. Special Topics: [Topic]. 1-16 Credits.
Repeatable.

CPSY709. Practicum: [Topic]. 1-16 Credits.
Repeatable.

Courses

CFT401. Research: [Topic]. 1-5 Credits.
Repeatable.

CFT407. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CFT410. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CFT503. Thesis. 1-16 Credits.
Repeatable.

CFT507. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CFT510. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CFT601. Research: [Topic]. 1-16 Credits.
A current topic is Methods.

CFT605. Reading and Conference: [Topic]. 1-16 Credits.
Repeatable.

CFT606. Field Studies: [Topic]. 1-16 Credits.
Repeatable.

CFT607. Seminar: [Topic]. 1-5 Credits.
Repeatable.

CFT608. Workshop: [Topic]. 1-16 Credits.
Repeatable.

CFT609. Practicum: [Topic]. 1-16 Credits.
Repeatable.

CFT610. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

CFT612. Parenting Interventions. 2 Credits.
Examines evidence-based practices for parenting children and adolescents, including trauma-focused parenting strategies.

CFT614. Child Mental Health and Diagnosis. 4 Credits.
Emphasizes the etiology, nosology, phenomenology, and diagnosis of mental health disorders in children. Examines social and cultural assumptions about "normal"versus "pathological" behavior, cognition, and emotion.

CFT615. Introduction to Marriage Family Therapy. 3 Credits.
Surveys the distinct disciplines of marriage and family therapy.

CFT616. Systems Theory Foundations. 3 Credits.
Surveys macro theories and their relationship to families and family therapy with emphasis on systems, communications, and ecological theories.

CFT620. Mental Health and Diagnosis. 3 Credits.
Study of maladaptive behavior, treatment, and prevention emphasizing the integrative contributions of biological, behavior, cognitive, psychodynamic, humanist-existential, and community perspectives, including the "Diagnostic and Statistical Manual of Mental Disorders."

CFT621. Professional and Ethical Issues. 4 Credits.
Provides a broad introduction to legal, ethical, and professional standards for marriage and family therapy.

CFT622. Relational Assessment. 1 Credit.
Examines evidence-based practices for assessment in couples therapy. Integrates systems and communication theory with emerging contextual and behavior-assessment models.

CFT624. Group Psychotherapy. 3 Credits.
Presents basic elements of group process; includes introduction to group work, guidelines for multicultural practice, ethical and professional issues in group practice, and group leadership.

CFT625. Violence, Trauma, and Healing. 4 Credits.
Theories and research on the acceleration and cessation of violence in the family and assessment of responses to violent family behaviors and to perpetrators, survivors, and families.

CFT626. Human Sexuality in Counseling. 3 Credits.
Increases understanding and clinical abilities for working with couples; special emphasis on the role of intimacy and sexual relationships.

CFT627. Advanced Theories in Relational Therapy. 4 Credits.
Studies theories and models of couples and family therapy; self-evaluation of clinical work. Examines integration, specifically the "metaframeworks" model,solution-focused therapy, and emotionally focused therapy.

CFT628. Addiction and Recovery. 3 Credits.
Increases the conceptual understanding and skills of family therapists working with contemporary issues; emphasis on addictions and addiction recovery.

CFT629. Couples Therapy. 3 Credits.
Application of systems theory to problems within relationships and their resolution. Includes research findings, assessment, motivation, change, content and process, ethics, and social-macro considerations.

CFT630. Wellness and Spirituality. 3 Credits.
Provides an understanding of existential issues, spirituality, and wellness. Working with clients' life-cycle stages and health-stress issues; resources to promote wellness.

CFT632. Medical Family Therapy. 4 Credits.
Introduction to the theory, fundamentals, and practical applications of medical family therapy.

Courses

FHS199. Special Studies. 1-5 Credits.

FHS213. Issues for Children and Families. 4 Credits.
Examines issues and problems confronting children and families in modern society. Issues such as disability, poverty, health care, addictions, racism, and violence are addressed.

FHS215. Exploring Family and Human Services. 4 Credits.
Explores the historic basis and current design of family and human services. Emphasizes services to children, youth, adults, and families.

FHS216. Diversity in Human Services. 4 Credits.
Provides glimpses into various social groups and the rudimentary knowledge, awareness, and skills required to function effectively as a social-service worker within diverse populations.

FHS320. Instructional Methods in Early Childhood I. 1 Credit.
Explores an array of knowledge- and evidenced-based practices that ensure excellence in teaching young children.

FHS321. Instructional Methods in Early Childhood II. 1 Credit.
Explores communication, language, and social emotional development in young children. Teaching strategies for infants, toddlers, and preschoolers in early childhood settings that promote social communication.

FHS322. Instructional Methods in Early Childhood III. 1 Credit.
Explores early literacy, print awareness, group reading, evaluation of children’s books, and literacy for dual-language learners.

FHS327. Organizational Issues in Human Services. 4 Credits.
Theories and policies on the organization of human services. Emphasizes the evaluation of outcomes of services for children, youth, adults, and families.
Prereq: major status.

FHS328. Theory of Family Systems. 4 Credits.
Examines families from an academic and evidence-based perspective. Integration of relevant contemporary family issues with personal experience to develop competencies related to human services profession.
Prereq: major status.

FHS329. Youth Psychopathology in Context. 4 Credits.
Presents child and adolescent psychopathology and problems within a diagnostic framework. Topics address psychosocial issues for youth in family and cultural contexts.
Prereq: major status.

FHS330. Individual and Group Interventions I. 4 Credits.
Strategies and interventions that enhance growth and change in individuals and families. Interventions range from specific individual techniques to strategies for small groups and families.
Prereq: major status.

FHS331. Individual and Group Interventions II. 3 Credits.
Strategies and interventions that enhance growth and change.
Prereq: FHS 330.

FHS399. Special Studies: [Topic]. 1-5 Credits.
Repeatable.

FHS401. Research: [Topic]. 1-5 Credits.
Repeatable.

FHS404. Internship. 1-12 Credits.

FHS405. Reading and Conference: [Topic]. 1-5 Credits.
Repeatable.

FHS406. Special Problems: [Topic]. 1-12 Credits.
Repeatable.

FHS407. Seminar: [Topic]. 1-5 Credits.
Repeatable.

FHS408. Workshop: [Topic]. 1-9 Credits.
Repeatable.

FHS409. Practicum: [Topic]. 1-9 Credits.
Repeatable.

FHS410. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

FHS420. Research in Human Services. 4 Credits.
Use of research to reform practice in human services. Trends and issues in assessment and evaluation in human services are provided.

FHS430. Foundations in Early Childhood Education. 3 Credits.
Explores the history and theories of early education with a focus on societal factors that affect development.

FHS431. Early Childhood and Human Services Curriculum. 3 Credits.
Explores the theoretical and historical context of primary curriculum models used in early childhood education and human service settings that serve at-risk children and families.

FHS432. Assessment in Early Childhood Education. 3 Credits.
Explores educational, environmental, and family assessments in early childhood education and human service settings.

FHS482. Prevention of Youth Violence. 4 Credits.
Research and practice in community interventions designed to prevent youth violence. Includes home, school, and community-based interventions.

FHS483. Prevention of Interpersonal Violence. 4 Credits.
Examines interpersonal violence and community-based prevention using ecological, multicultural, international frameworks. Emphasizes assessment, prevention, intervention, and simultaneous occurrence of adult violence and child maltreatment.

FHS491. Junior Professional Practices and Issues I. 3 Credits.
Examines issues and behaviors associated with being a community service professional. Includes ethical standards for professional practice.
Prereq: major status.

FHS492. Junior Professional Practices and Issues II. 3 Credits.
Examines issues and behaviors associated with being a community service professional. Includes ethical standards for professional practice.
Prereq: major status.

FHS493. Junior Professional Practices and Issues III. 3 Credits.
Examines issues and behaviors associated with being a community service professional. Includes ethical standards for professional practice.
Prereq: major status.

FHS494. Senior Professional Practices and Issues. 3 Credits.
Examines issues and behaviors associated with being a community service professional.
Prereq: major status.

FHS495. Senior Professional Practices and Issues. 3 Credits.
Examines issues and behaviors associated with being a community service professional.
Prereq: major status.

FHS496. Senior Project Proposal. 1 Credit.
Students create a written proposal outlining rationale, project description, and timelines for completing the senior project.
Prereq: major status.

FHS497. Senior Project. 1-2 Credits.
Students develop a written product or project in conjunction with faculty members and field site personnel.
Prereq: FHS 496.

FHS507. Seminar: [Topic]. 1-5 Credits.
Repeatable.

FHS508. Workshop: [Topic]. 1-9 Credits.
Repeatable.

FHS510. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

FHS582. Prevention of Youth Violence. 4 Credits.
Research and practice in community interventions designed to prevent youth violence. Includes home, school, and community-based interventions.

FHS583. Prevention of Interpersonal Violence. 4 Credits.
Examines interpersonal violence and community-based prevention using ecological, multicultural, international frameworks. Emphasizes assessment, prevention, intervention, and simultaneous occurrence of adult violence and child maltreatment.

Courses

SAPP199. Special Studies: [Topic]. 1-5 Credits.
Repeatable.

SAPP407. Seminar: [Topic]. 1-5 Credits.
Repeatable.

SAPP408. Workshop: [Topic]. 1-12 Credits.
Repeatable.

SAPP409. Practicum: [Topic]. 1-16 Credits.
Repeatable.

SAPP410. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

SAPP507. Seminar: [Topic]. 1-5 Credits.
Repeatable.

SAPP508. Workshop: [Topic]. 1-12 Credits.
Repeatable.

SAPP510. Experimental Course: [Topic]. 1-5 Credits.
Repeatable.

SAPP605. Reading and Conference: [Topic]. 1-16 Credits.
Repeatable.

SAPP607. Seminar: [Topic]. 1-5 Credits.
Repeatable.

SAPP609. Practicum: [Topic]. 1-16 Credits.
Repeatable.